



The Newsletter of The Capital District Circle K International

# The Capital Courier

*Coming together, looking to the future, building on the past, making a difference today.*

## The Crabs really shined in 2001-2002!

It was just one year ago that I was elected your District Governor, and wow, what a difference a year makes! The district board looked to the stars, setting 5 lofty goals for the district this year, but you, the members were up to the challenge!

Over 21,000 service hours were performed so far this year (as of DCON), and there is no doubt in my mind that 24,000 will be surpassed by April 1! Currently, there are 806 members in the Capital District, putting us only 10 members shy of the largest district in CKI!

More than half of the Capital clubs applied for district awards- that is awesome! 6 members were inducted into the Society of Distinguished Collegians (several criterion, including 3.0 GPA and 250 hours of service) and 2 received the Service Recognition Award (250 or more service hours from January 1 to December 31, 2001). No one had received either of these honors during the past 2 years!

Service was at the core of the district as you can tell by the service hour total, with a meaningful project at FTR and service fair at DCON. In all their spare time, clubs even made connections with their Kiwanis family counterparts, at meetings, Sponsored Youth nights, and projects, to name a few.

I cannot believe it is almost April 1, time for new leadership to step forward to bring Capital to even greater heights!

Governor Tara DiSciullo  
*Capital District Circle K International*



**I enjoyed my year immensely working for all of you as Governor, but most importantly, I loved working with you, helping to make a difference through Circle K! Capital truly is the best district in Circle K International!!**

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# THE CAPITAL CURRENTS

## Service Update

District Goal

**24,000**

Service Hours to Date

**21122 88 percent**

## Dare to C.A.R.E.! District Project

by Sarah Wood

*A district project took place Saturday, Feb 23rd at the Goodwill in Washington D.C. There were representatives from many of the Circle K's in our district.*



*The Goodwill is an organization in which people can either drop off old things or buy things so the goodwill can raise money. The good-*

*will then uses this money to educate people and help people get into the labor force.*

*Our job at the goodwill was to separate records into different boxes of a variety of musical categories. We ended up filling about 88 boxes, many of which had around 70 records. These were now ready to be sold at the goodwill's book fair.*

*Afterwards, we ventured onward for a relaxing dinner of pizza and the beginning of a movie. Later, we had a night of bowling at George Washington University's bowling alley. After this exciting day, we departed on our ways. Did you miss out on this event? Does it sound like you missed a lot of fun? Remember to come to the upcoming district events.*

*To serve is beautiful, but only if it is done with joy and a whole heart. - Pearl S. Buck*

## Melanoma Awareness: Sun Rays, Cancer Slays

Matt Brent

*District Awareness Project Co-Chair*

Did you know that just one bad sunburn at the age of 20 can trigger malignant melanoma that might not show up until age 50? That gives you 30 years to forget about something that could possibly ruin your life, or maybe even end it. We all know the dangers of Cancer: Smoking and Lung Cancer, Lumps and Breast Cancer, Tumors and Brain Cancer. But is the world today truly knowledgeable about Skin Cancer? Does the average person know that a 20 minute tan that gives a week long glow could also permanently age the skin?

While Malignant Melanoma is perhaps the deadliest of all cancers, the scary part is that it's also the most preventable. There are tons of products available that can protect the skin while it is exposed to the sun. Sunscreens of SPF 15 are essential. S,P, and F aren't the only letters you should remember when thinking of protecting yourself from cancer. Also keep in mind A, B, C, and D. You might find it childish and very Sesame Streetish to use letters like this, but when you save yourself from chemo therapy, lymph nodes surgery, and other painful situations, you might just send Big Bird a letter of thanks.

The ABCD's of Melanoma refer to Asymmetrical, Border, Color, and Diameter. When the skin is exposed to the sun, cells can mutate and form cancer. The ABCD's are ways to check for signs of this mutation. Search your skin for moles. If there is a mole that is asymmetrical, has a rough border, multicolored, or has a diameter of larger than 6 millimeters, please visit a dermatologist to have it checked for cancer. Those four letters can save your life, the life of your mother, the life of your friend, the life of your third cousin...

Awareness is the key to stopping Melanoma. We need your help to spread this simple knowledge. Call your local dermatologist for further information, and perhaps he or she can donate materials to your Circle K Club that you can use to hand out around your school or community.

Just as the commercials for "The Truth" advertise, knowledge is contagious. We just need to spread it around. Do your part. Save a life, it might just be yours.

# The Ins and Outs of Spring Training Rally!

March 16th to 17th: *Fredericksburg, Virginia*

Spring Training Rally, what is it? It's a day filled with leadership training, fellowship, and service. It is especially important for all incoming club officers to attend, but there are plenty of great things planned for members too- everyone is welcome!

Saturday afternoon, workshops, team builders, and club goal setting will take place followed by a night of fun planned by our host club, Mary Washington College!

Hazelwild Horse Farm needs volunteers to paint jumps and mend fences on Sunday morning. The Farm is located near the college. You definitely want to stay overnight!

## ***Directions to Spring Training Rally!***

MWC is located in Fredericksburg, VA, 50 miles south of Washington, D.C. and 50 miles north of Richmond, Va. To reach the campus from Interstate 95, take Exit 130-A. Follow Route 3 East business 1 mile to the intersection of Rt.3 and William Street. At this traffic light, take a left onto William Street. At the next traffic light turn left onto College Ave. Proceed through the next traffic light, and at the last possible driveway on the right, take a right. The General Store Restaurant is opposite this driveway. If you reach the traffic light for US1, you have gone too far. The driveway has brick columns on either side and leads you to Goolrick Gymnasium. Park anywhere on the left in the gravel lot.

### **To walk to Lee Hall:**

From Goolrick Gym, walk along the red brick path straight through the middle of campus. Follow the walk up a hill and past a large fountain. Lee Hall, adorned with many countries' flags is on the left.



## Mary Washington hosts STR

Here is everything you should bring to have a great time at STR:

\$10/person for registration

clothes you do not mind getting a little dirty for the service project

sleeping bag/pillow if you are staying overnight (**\*\* if you are, please make sure you contact Jessie Issacs, MWC President to RSVP!!\*\***)

the STR in this Courier, since it includes directions!

Tons of great ideas to share with other clubs and ideas for your club's goals for next year!

**Where:**  
**Lee Hall Ballroom**

**When:**  
**1-5:30pm Saturday**  
**10-12pm Sunday**  
**(community service)**

**Overnight guests:**  
**RSVP:**

Jessie Issacs

(540) 654-4005

[jisaa8ep@mwc.edu](mailto:jisaa8ep@mwc.edu)

*42nd Annual*  
**Capital District  
Circle K  
Convention**

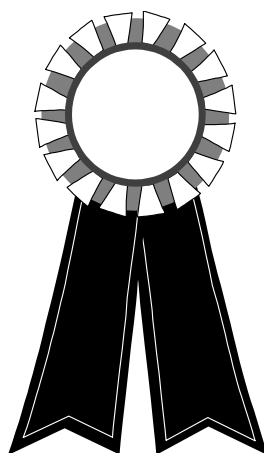
*Hosted by the  
University of Virginia  
Circle K*

**Double Tree Hotel  
Charlottesville, Virginia**

**Friday through Sunday  
February 15 - 17, 2002**

**Congratulations  
to all the  
District  
Convention  
award winners!!**

*Thanks for  
helping to  
make  
Capital  
shine!*



**King Crabs:**

(those members who achieved 150 service hours or more)

Troy Dibley, K'Lynn Sloan, Julia Schmitz, Robyn Davidson, Derek Dupuis, Ian Hovey, Lauren Johnston, Steve Kohne, Shannon Lawson, Meghan Mahar, Brian Place, Katie Reynolds, Elizabeth Werner, Amy Zahurones, Chris Appel, Salina Um, Lianna Moss, Justin Garrow, Jessica Armstrong, Beryl Hurwitch, Diana Kingsley, Nina Martin, Kathleen Kvartek, and Michael Tchorni

**Early Bird Dues:** (International and district dues received by November 1, 2001)

Johns Hopkins University, Sweet Briar College, Virginia Tech, College of William and Mary, University of Delaware, and Bowie State University

**Frank Fulton award for Outstanding Kiwanis advisor:**

Tom French (advisor to the College of William and Mary)

**Tom Larner award for Outstanding Faculty advisor:**

Derek Furukawa (advisor to University of Maryland)

**Dale Larson award for Outstanding Kiwanis-Family Relations:**

College of William and Mary

**People Miles Award** (the club who traveled the most miles with the most people to DCON): University of Delaware

**Cavanaugh "Spike" Thrift award for Outstanding Club Newsletter:**

1<sup>st</sup> place- Virginia Tech

2<sup>nd</sup> place – University of Delaware

3<sup>rd</sup> place- George Washington University

**Club Scrapbook Award:**

1<sup>st</sup> place- Mary Washington College

2<sup>nd</sup> place- George Washington University

3<sup>rd</sup> place- University of Delaware

**Oratorical Essay:** Jacquelynne Erlendson, Towson

**Impromptu Essay:**

Beth Sturiano, College of William and Mary

**Continuing Service Award:** University of Virginia

**Single Service Award:** Virginia Tech

**Most Improved Club Award:**

Old Dominion University

**Brownie Brownfield award for Outstanding support by a Kiwanian:** Wayne Quick, for his support of Bowie State University

**Achievement Award:**

**Bronze Division:** (clubs with 25 or less members)

1<sup>st</sup> place: George Washington University

2<sup>nd</sup> place: Towson University

3<sup>rd</sup> place: Sweet Briar College

**Silver Division:** (clubs with 25-60 members)

1<sup>st</sup> place: College of William and Mary

2<sup>nd</sup> place: Virginia Tech

3<sup>rd</sup> place: University of Delaware

**Gold Division:** (clubs with 61 or more members)

1<sup>st</sup> place: University of Virginia

**Kevin Beatley Award for Outstanding Member:**

Lianna Moss, University of Virginia

**A.G. Goodrich Distinguished President Award:**

Hilary Jackler, University of Maryland

Troy Dibley, George Washington University

Beryl Hurwitch, College of William and Mary

**Lindley H. "Dig" Degarmo Distinguished Vice-President Award:**

Sarah Lyman, University of Delaware

K'Lynn Sloan, George Washington University

Jacquelynne Erlendson, Towson University

**Ellis Stroup Distinguished Secretary Award:**

Rebecca Boulos, George Washington University

Sarah Morchen, College of William and Mary

Carissa Copeland, Towson University

**Robert Weiss Distinguished Treasurer Award:**

Derek Dupuis, Virginia Tech

Wendy Wallace, Towson University

**2002 - 2003**

**Capital District  
Circle K Board**

**Governor**

Shannon Lawson

*Virginia Tech*

**Secretary/Treasurer**

Troy Dibley

*George Washington  
University*

**Editor**

Kelly Real

*Towson University*

**Metro Division**

K'Lynn Sloan

*George Washington  
University*

**Susquehanna Division**

Amanda Freitag

*Towson University*

**Tidewater-64 Division**

Beryl Hurwitch

*College of  
William and Mary*

**Valley Division**

Krissy Carmody

*Virginia Tech*



## **Sun, Surf, and Sand in January?**



Angi Livernash  
*Towson University*

***Sun, surf, and sand... Sound like January in the Capital District? For the 13 members who attended Y'all in St. Petersburg, Florida, it does.***

The Florida District hosted the 2002 Y'all Convention January 18-20 at the Tampa Bay Sirata Beach Resort. Capital members arrived by all means of transportation: plane, train, and yes, even automobile. (Can you imagine Jacquelynne and Garrow in a car for that long??)

The weekend's agenda included plenty of time to do everything that Circle K'ers do best: serve, make new friends, and have lots of fun. Activities were kicked off with opening session on Friday night, where Capital really made a statement. "Y'all got CRABS?" We really did have the most spirit. (Spirit fingers everyone!!)

Saturday's service project had us up and about at the crack of dawn. After driving to Cockroach Bay we were finally let in on what we were going to do all day: work with the Tampa Bay Watch Club to clear an area of Brazilian Pepper Trees. The club was very appreciative, saying we shaved off about a month's worth of work on their project.

After a few hours of working in the hot sun, the local Kiwanis club treated us to a picnic lunch. Saturday afternoon offered a few hours of free time (diminished slightly by the major traffic jams leading to the island) to relax on the beach, shop, or polish up on your golf swing (mini-golf that is).

The evening was topped off with dinner and a casino night. Nothing like food and gambling to bring people together! Sunday morning completed the convention with breakfast and a few words of advice. Has anyone loudly pronounced their love for a family member or significant other in public yet?? All in all, it was a great weekend.

***Hope to see y'all at Y'all 2003!***

## **KICKing IT through!**

K'Lynn Sloan  
*George Washington University  
K-Family Relations Committee Chair*

The Capital District loves many things. They love their crabs, they love service, and they LOVE their Kiwanis Family! This year I was amazed by the Kiwanis Family Relations in our district. I was lucky enough to attend the Kiwanis Family Weekend in September and the Kiwanis Midwinter Conference in February, and I got to meet our K-Family in action.

At a forum led by some members of your district board, there was record Kiwanian attendance, and they expressed massive interest in getting involved in Circle K. A member of the Richmond Kiwanis Club was especially interested in starting a club at VCU, and a Kiwanian from Bethesda wanted to get involved, even though they aren't really near any of our clubs! Everyone wants a piece of the action.

Kiwanis Family Relations are occurring everywhere! Since last spring, the College of William and Mary Circle K has been doing a project called KICK-It (Kiwanis Integrates Circle K Incentives and Teamwork.)

Through KICK-It, Circle K'ers and Kiwanians are paired preferably by majors/fields of interest, and do projects together throughout the year. These projects include the Circle K member visiting the workplace of their paired Kiwanian, attending service projects together, and the Kiwanian inviting the Circle K'er to a Kiwanis meeting. What an incredible way to get to know each other!

Now is a great time of year to continue such stellar Kiwanis Family relations. Incoming Presidents and club boards should make it a first priority to get together with your Kiwanians and plan the year. Seek out your Key Club, and start making connections to last the whole year through. Making contact now will help you and your club soar to great heights this year.

What can be more fun than reliving those carefree high school days at a Key Club event? What's better than free food and business contacts, and all the fun a Kiwanis partnership brings? I have been amazed by you, Capital District, and I can say we are truly lucky to have a fabulous Kiwanis Family to support us and work with us. I have been truly lucky to serve you this year, and look forward to the incredible Kiwanis Family fun that lies ahead next year!

## The GWUCK Effect

By Troy C. Dibley

*GWUCK President  
District Secretary-Treasurer-Elect*



*GWUCK at Fall Training Rally*

### **Christopher Newport University**

*Wouldn't you as a college student love the opportunity to go back to elementary school? Remember all the fun times you had, the friends that you made, recess and nap time, and of course time out.*

Every week students at Christopher Newport University get to relive their childhood. We go to Riverside Elementary, a nearby school and eat lunch with a student. We talk about school work, homework, and about their life.

This has turned out to be our club's biggest and most truly rewarding project of the year. When we look into those precious little eyes we know that we are making a difference and the feeling is so wonderful and completely indescribable.

For a club that had an active membership of eight members last January, it is hard to imagine how to measure "success". Although the 2001-2002 GWUCK Executive Board has certainly been instrumental in ensuring the success of our Circle K club, all we did was lay a solid foundation. The now over fifty-five active members of The George Washington University Circle K have created a snowball effect that gained momentum in September and keeps tumbling to this day.

There are three main factors I believe have contributed to the success of our Circle K. Last year as Vice President, I quickly realized that weekly member meetings deterred members from actively participating in the club's activities. Upon installation, the first policy enacted by the Executive Board was the implementation of monthly meetings. With monthly meetings, PR and recruitment became less stressful and less problematic.

Second, monthly meetings were accompanied with themes like "Get Fresh", "Get Leid", and "Circle K: The Alternative". Members began attending meetings in record numbers to partake in icebreakers and games. Discussions of upcoming service projects were limited to the first 10-15 minutes of the meeting; the bulk of the meeting focused on the fellowship activities for members to interact and make friends. Dues-paid members were also able to cash in on member benefits like a Circle K mug or raffled bookstore gift certificates.

Finally, no matter at what cost, our Circle K was present at each freshman orientation, collecting names for our email listserv and spreading the word about GWUCK. After seven orientations, our club recruited three hundred potential members. While only a fraction of those three hundred paid dues and joined our club, those members have become our most service-oriented and ambitious members.

While formulas for success are not exact, I urge club officers to set the stage for progressive changes that boost membership and produce as our Executive Board calls it: The GWUCK Effect!



## Looking Back on a Year.



**Angi Livernash**  
*Towson University Circle K*

I remember one specific moment that reminded me why I am in Circle K. We visit the residents at Manor Care Nursing Home every week for Bingo and conversation. Because of winter break, we had not been there in 6 weeks.

When we returned, we were given a very hearty welcome by all the residents. One resident in particular, after holding us hostage in her room for nearly an hour, just talking and sharing stories, told us how she looked forward to our return week after week. It was then that I realized the difference that we really do make.



**Cami Tarasewich**  
*University of Delaware*

In late October during the Halloween season, I joined some other UD Circle K members at Emmaus House in Newark, where we constructed a haunted house for the kids. We set up sheets to create hiding spaces and placed scary bats and spiders to transform the basement into a dark and spooky land. I was transformed into a ghoulish witch after I crossed paths with some Halloween face paint and a pointy nose.

We then proceeded to surprise and scare close to 20 kids ranging in age from 2 to 15. Many of them enjoyed their first "journey" through the haunted basement so much that they came back for a 2nd and 3rd trip. It was a great experience for all the kids, their families and definitely for us! I never knew being a witch could be so much fun!

Even if it was for just a small amount of time during one night in October, we were able to bring laughter into the lives of a few children and knowing that provides me with a remarkable feeling. This is just one of the many Circle K moments that will remain in my memory.





**Kelly Real**  
**Towson University**

My favorite Circle K memory took place at one of my favorite projects, Good Shepherd Center, which is a residential treatment center and



### **The Capital Courier 9**

**Wendy Wallace**  
**Towson University Circle K**

Circle-K is all about making a difference in this world that's why we serve, we lead, and we make new friends.

One of my favorites memories is from Manor Care Nursing Home, you see Manor Care is one of those places that you can't stop going to because every time you learn something new. Mary, one of the residents, used to say, 'you don't need to be crazy to be here, but it helps.' And how true is that, we can say that in life we worry too much about things, but it helps to get crazy sometimes, that way life becomes a little lighter and a little more fun to live.

## **Each moment becoming a part of our lives.**

school for teenage girls. We do a variety of activities with them, such as cooking, crafts and games.

Last October, we were making Halloween cards, and I struck up a conversation with one of the girls who was sitting away from the others. We talked for most of the hour I was there, and when it was almost time for us to leave, she asked me if I'd like to see her book. I said yes, and she went to her room and got it. I leafed through the pages while she told me about the poetry and artwork.

As I was getting up to leave, she told me that she didn't show her book to many people - only those who she thought would understand. She gave me a hug and thanked me for talking to her.

This moment stands out among all of the wonderful memories I have made with Circle K. I left that day feeling like I had really made a connection with someone. It was one of those moments when you realize that you really do make a difference in the lives of the people.

**Marianne Koch**  
**St. Mary's College of Maryland**

2001-2002 has proved to be an exciting year for the club at St. Mary's College of Maryland. With many new students joining the club, it has proved to be a fulfilling and successful year.

Highlights from the year include the AIDS Walk, Bone Marrow Walk, a K-family barbecue held by the St. Mary's County Kiwanis Club, the construction of Thanksgiving activity books for local hospital patients, the construction of valentines for local hospital patients, and the volunteering of services for the campus's Christmas in April auction.

On-going projects in which the club participated included tutoring/mentoring students at a local high school, volunteering at a local food bank, and adopting shelves in the children's section at the local public library. The club has grown in its number of active members, and it hopes to continue this trend in the future.



Last Thursday we went to Manor Care for another night of bingo, it was a lot of fun, and once again I learned something new. We had Saint Patrick's and Easter prizes, and the residents were excited, specially Paul and Katherine wearing their green hats and beads. And I realized something that one of my best friends always says, "is the little things." Yes, it is the little things in life that makes us happy, is the little things that makes them happy.

That's my favorite memory of Circle-K, the smiles in the faces of the people at Manor Care, and the people, whose lives we touch. "Volunteers are paid in six figures S-M-I-L-E-S" said Gayla LeMaire.

# Kiwanis Family **KONNECTION**

*Greetings! It has truly been a privilege to represent the Capital District of Key Club International!*



**Lisa Sincavage Capital District Key Club Governor**

As my term reaches its inevitable conclusion, I would first and foremost like to briefly account for the progress of the Key Clubs throughout the 2001-2002 Key Club year. The Capital Key Clubs have reached great milestones this year, raising nearly \$8,000 for the Vitamin A deficiency initiative and making innumerable donations to the 9-11 relief fund. We made great progress in our partnership with the Starlight Children's Foundation. The support that our clubs offered the organization catalyzed the Mid-Atlantic chapter's expansion into dozens of additional medical facilities in Virginia, Maryland, and the District of Columbia.

Key Clubbers devoted dozens of hours to the organization's hospital parties, entertaining children with life threatening illnesses, bringing much needed happiness to children's hospitals across the district. Having followed in your footsteps, we adopted Progeria as the District Project, raising awareness of the effects of the disease as well as donating funds towards the Progeria Research Foundation's ongoing research.

*In every conceivable way, the Capital District Key Clubbers remained dedicated and true to our mission statement, striving to "encourage, build, and support community development for youth"*

In every conceivable way, the Capital District Key Clubbers remained dedicated and true to our mission statement, striving to "encourage, build, and support community development for youth" throughout the course of this last year.

To date, the Capital District has 222 active Key Clubs comprised of nearly 10, 280 dedicated members. We have experienced unprecedented growth this year with a net increase of nearly six clubs alone and more to be chartered in divisions 1, 5, 7, and 23. Never before has there existed such an active interest in the Capital District Key Clubs.

In two months, the Capital District Key Club Board will say goodbye to the K-Family experiences that molded our lives, and I welcome you, too, to celebrate with us at the 53<sup>rd</sup> Annual Capital District Key Club Convention to be conducted April 19-21, 2002 in Richmond, Virginia. As the board members face the ends of their terms, and I bid farewell to my term as District Governor, we will look back on a year that ultimately changed us, that granted us friendships, and that gave us the unique opportunity to serve with purpose.

*As I say goodbye, I wish to leave you with something that is special to me, something that remained with me throughout my entire term: it was once said at the United Nations Convention on the Rights of a Child that "Mankind owes to the child the best that it has to give." Thank you for a year of memories and the possibility of many more years dedicated to serving the children of the world, to giving the "best" that we have to give.*

*Goodbye, and good luck!*

# Mahalo and Aloha

*Lance Mailem*

Capital District Editor 2001-2002



I would like to thank all of the people that have contributed to The Capital Courier over the past year. I greatly appreciate the valuable “voice” that you added to this publication.

As I finish up The Capital Courier Volume 40, I stop and reflect over the many accomplishments, achievements, awards, and smiles that everyone has done. From the CARE campaign and Melanoma Awareness to the District Board Goals to the events of September 11th to the District Convention to Y’all to the Kiwanis Family Konnection, you the District have been everywhere and have out done yourselves in all respects.

You have exemplified the mission of The Capital Courier this year which is *Coming together, looking to the future, building on the past, making a difference today*. You truly have come together and looked to the future and in the process utilized the resources and made a difference in our communities.

But this is not the end of The Capital Courier. Volume 41 and beyond is just around the corner. I challenge you to continue the tradition and shoot for higher stars! I know that Editor-Elect Kelly Real will be with you to capture all that you accomplish.

I am very glad that I had the opportunity to help document the of this year events in the 5 issues that I had the privilege to design and publish. It has been a very rewarding experience. I had a blast! Good Luck!

Do you know the new divisions effective April 1? Get to know your new divisional buddies! ☺

## **Battlefield Division**

University of Maryland, Shenandoah University, Hood College, Mt St Mary’s College, and Western Maryland College

## **Foothills Division**

Liberty University, Sweet Briar College, and Randolph-Macon Woman’s College

## **Metro Division**

Howard University, American University, Bowie State University, and George Washington University

## **Presidential Division**

Mary Washington College, University of Virginia, Mary Baldwin College, and James Madison University

## **Susquehanna Division**

University of Delaware, St Mary’s College of Maryland, Towson University, and Johns Hopkins University

## **Tidewater-64 Division**

Christopher Newport University, College of William and Mary, Old Dominion University, and Virginia Wesleyan College

## **Valley Division**

Radford University, Roanoke College, Virginia Tech, and Hollins University

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[www.cdcki.org](http://www.cdcki.org)

Capital District Circle K International Website



**Looking Ahead! And...**

**Keep on Shining!**

**Its only the start of a new year!**

**March 16-17:**

Spring Training Rally  
Mary Washington College  
Contact: Cory Richardson crich9kw@mwc.edu

**March 22:**

Chesapeake Division Chuck'e' Cheese  
Social/PCM  
Contact: Matt Brent crclkg@yahoo.com

**April 2:**

CNU Circle K Induction Night  
Contact: Matt Brent crclkg@yahoo.com

**April 14:**

University of Delaware 25<sup>th</sup> Anniversary Banquet  
and Officer Inductions  
Contact: Steve Crosson scrosson@udel.edu

**April 19-21:**

Virginia Tech Smith Mountain Lake Camp'n'Clean  
Contact: Shannon Lawson shlawso2@vt.edu

**April 20:**

Lost in DC Scavenger Hunt at  
George Washington University  
Contact: Troy Dibley tdibley@gwu.edu

**April 27:**

Virginia Tech 5K Walk/Run for James  
Contact: Shannon Lawson shlawso2@vt.edu

**May 3-4:**

Bowie State University Relay for Life  
Contact: Star Drake superstar\_427@hotmail.com  
or www.bowierelay.org

**June 7-9:**

Summer Social at First Landing State Park  
Virginia Beach, VA  
Contact: Matt Brent crclkg@yahoo.com

**August 6-9:**

Large Scale Service Project in Orlando, FL  
Contact: Tara DiSciullo tdisciul@udel.edu

**August 10-14:**

International Convention in Orlando, FL  
Contact: Tara DiSciullo tdisciul@udel.edu

**The Capital District  
Circle K International  
2001-2002**

**Tara DiSciullo**  
Governor

**Shannon Lawson**  
Secretary

**Dustin Bonat**  
Treasurer

**Lance Mailem**  
Editor

**Lt. Governors**

**Justin Garrow**  
Harbour Front

**Matt Brent**  
Chesapeake

**Kate Richards**  
Glory

**Kathy Pierce**  
Foothills

**Ashley Clempner**  
Frontier

**Jacob Kaskey**  
Potomac

**Justin Hill**  
Skyline

**Heather Wilford**  
District Administrator

**Jeffrey Wolff**  
Assistant Administrator

**Matt Bieber**  
International Trustee

**Lisa Sincavage**  
Key Club Governor

**Jennifer Hodorovich**  
President, Capital District  
Circle K Alumni Association

**Jerry Peuler**  
Kiwanis Governor

**Dan Warren**  
Kiwanis Governor Elect

**John Tyner**  
Immediate Past  
Kiwanis Governor

**Walt Rudy**  
Key Club District Administrator

**John Sandhofer**  
Circle K Certified Trainer

**Hal Jewel**  
Growth Team Coordinator

**Jeff Talbert**  
cdcki.org webmaster

**Zone Administrators**

**Bob Powers**

**Fred Terrell, Jr.**

**Sue Bentley**

**Missy Creasy**

